



(*) Source: Drawing from Kayla Lee Missavage

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Introduction

The reason why I chose the theme 'basketball' is because it's my hobby and I love the sport. There are lots of facts and interesting things about basketball.

Basketball is a fun, strategized, and aggressive sport. I love to play it every day.

I've learned so much about basketball and I wanted to show that I appreciate the game and the sport. So, for that reason, I do my 'travail personnel' about the great game of BASKETBALL

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1 History of Men and Women Basketball

The History of basketball ^(1*)

Basketball is the most popular participatory sport in the United States, and it's the fifth most popular participatory sport in the whole world. Some people say it's the best sport ever invented.

Basketball includes a lot of things like physical prowess interaction, intelligence, grace and coordination. There are a lot of people who love and play the game of basketball. Over 46 million people in America and 450 million people play basketball worldwide.

Basketball is flexible enough to enable each player to develop his or her own style.

Fun fact: One hour of line dancing burns off just as many calories as one hour of basketball. Another fact: basketball is more popular than Yahtzee.

(1) Source: *Basketball for Dummies* "The book"

1.1 The Invention of Basketball

When and where was basketball created?

Men's Basketball ^(1*)

The Canadian physical education instructor **James Naismith** was the inventor of basketball.

Mr. Naismith was a 31-year-old graduate student when he invented indoor basketball in 1891. He invented indoor basketball while teaching at the International YMCA Training School in Springfield, Massachusetts. (USA)

He was asked to build and invent a new indoor sport because football and baseball couldn't be played in the winter because they were too dangerous indoors. So, he invented basketball for his colleagues and students at the school.

He remembered a game that he played when he was a child, and it came back to him on December 21, 1891 when he introduced the game that led to the invention of basketball. He used a large soft soccer ball and hung two peach baskets, one on each end of the gymnasium around 10 feet high and the students played 9 vs 9 with just 13 original simple rules.

(1) Source: springfield.edu Where Basketball was Invented: The History of Basketball...*

Women's basketball ^(2*)

Clara Gregory Bear apparently introduced women's basketball in 1896, 5 years after James Naismith's invention. Mrs. Bear did so at Sophie Newcomb College in New Orleans.

In 1892 the University of California and Miss Head's School played an intramural women's game for the first time.

In 1893, Mount Holyoke and Sophie Newcomb College were the first to practice for and play in a women's basketball game, coached by the one and only inventor of Newcomb ball Clara Gregory Bear.

On the 4th of April 1896 there was the first official women's basketball game.

(2)History of Women's Basketball - WNBA.com*

1.2 James Naismith

James Naismith was the discoverer and creator of basketball.

James Naismith was born November 6, 1861 and died November 28, 1939; he suffered severe brain hemorrhage.

He had 5 children: Helen Carolyn, John Edwin, James Sherman, Margaret Mason and Maude Ann.

James Naismith was a Canadian American sports coach and innovator. He opened the first basketball rulebook and established the basketball program at the University of Kansas. (Dr. James Naismith's Original 13 Rules of Basketball)

He was a successful man. He also created other things like the design of the first football helmet.

The same thing for the woman, James Naismith, was the inventor of basketball and after a few years' women basketball developed itself, that it's common now.

As the years go by, they've learned more skills. Women can dunk and so on.

James Naismith created basketball and people just gave more ideas to it. Clara Gregory Bear saw the invention of Mr. Naismith's idea so why not do another version of it? Then women's basketball started.

Long story short, Mr. Naismith invented the whole sport, basketball.

(*) Source: James Naismith-Wikipedia

1.3 Clara Gregory Bear

Clara Gregory Bear was a coach as we said. She was born on August 27th, 1863 and sadly died on January 19, 1938.

Clara Gregory Baer was an American physical education instructor and women's sports pioneer. In the Southern United States, she first introduced the teacher certification course for physical education.

She also authored the first published rules of women's basketball. Mrs. Gregory Bear coached other sports then basketball too like Newcomb Ball and Netball.

(*) Source: Clara Gregory Bear-Wikipedia

1.4 In which Country was basketball played first?

1.4.1 CANADA

Men's

In 1891 basketball was played for the first time in Canada.

Other Country started playing too like in 1893 France started. In 1894 England started playing. Australia, China and India started at the same time in 1900.

And it continued with other countries, and the years past. Now almost every country is playing.

(*) Source: History of basketball-Wikipedia

1.4.2 CALIFORNIA

Women's

On April 4th, 1896 women's basketball was played in California for the first time.

Stanford University and the University of California, Berkeley were the first two teams to play basketball.

(*) Source: Women's basketball-Wikipedia

2 The rules of Basketball

2.1 Then and Now

2.1.1 Then

James Naismith invention was in 1891 and in that time, he also created his rule book.

The rule book.

His rule book had 13 rules. These rules were created at the time of the invention.

The 13 rules:

1. The ball may be thrown in any direction with one or both hands.
2. The ball may be batted in any direction with one or both hands.
3. A player cannot run with the ball.
4. The ball must be held in or between the hands; the arms or body must not be used for holding it.
5. No shouldering, holding, pushing, tripping, or striking in any way the person of an opponent shall be allowed. That is a foul.
6. A foul is striking at the ball with the fist.
7. If either side makes three consecutive fouls, it shall count as a goal for the opponents.
8. A goal shall be made when the ball is thrown from the grounds into the basket and stays there, providing those defending the goal do not touch or disturb the goal. If the ball rests on the edges, and the opponent moves the basket, it shall count as a goal.
9. When the ball goes out of bounds, it shall be thrown into the field of play by the person first touching it. In case of dispute, the umpire shall throw it straight into

the field. The thrower-in is allowed five seconds; if he holds it longer, it shall go to the opponent.

10. The umpire shall be the judge of the men and should note the fouls and notify the referee when three consecutive fouls have been made.
11. The referee shall be the judge of everything, out of bounce, the goals, the fouls...
12. The time shall be two 15-minute halves, with five minutes' rest.
13. The side making the most goals in that time shall be declared the winner. In the case of a draw, the game may, by agreement of the captains, be continued until another goal is made.

2.1.2 Now

Some things have changed but not much. Just a few differences.

The 13 rules are different:

1. This rule still applies, with the exception that now a team is not allowed to pass the ball back over the midcourt line once they have taken it over that line.
2. The 2 rules are still the same.
3. Players can dribble the ball with one hand as they run or pass, but they cannot run with the ball when catching a pass.
4. The 4th rule still applies. Doing so would be a travel violation.
5. These actions are fouls. A player may be disqualified with five or six fouls or get an ejection or suspension with a flagrant foul.
6. The 6th rule is still the same.
7. Instead of an automatic goal, a sufficient team foul. Now award bonus free throw attempts to the opposing team.
8. This rule no longer applies as basketball is now played with a hoop and net, not the original basket. It has evolved into goaltending and defense pass interference rules, including that defenders cannot touch the rim of the hoop once the ball has been shot.

9. The ball is now thrown in by a player from the opposite team of the player who last touched it before it went out of bounds. The five-second rule still applies.
10. In NBA basketball, there are three referees.
11. The referee still determines ball possession, but timekeepers and scorekeepers now do some of these tasks.
12. This varies by the level of play, such as high school versus collegiate formats. In the NBA, there are four quarters—each 12 minutes long—with a 15-minute halftime break.
13. The winner is now decided by points. In the NBA, five-minute overtime periods are played in case of a tie at the end of the fourth quarter, with the point total at the end determining the winner. If still tied, teams play for another overtime period.

Much has changed, but not that much.

The first, second, 4th and 6th are still the same nothing changed in those rules. In the other rules some have changed a lot but, in others, not that much. You see how the rules evolve and modify.

(*) Source: The Original 13 Rules of Basketball by James Naismith www.thoughtco.com

2.2 Responsibilities of the Players

Professional players do not have that many responsibilities. The only two responsibilities are playing hard on the court in games and in practice. They must try their best to show their own team in public and must do their duties.

Normal players don't have that many responsibilities, they just play the sport. Players have full responsibilities over themselves.

(3) What Are the Duties of a Professional Basketball Player ? www.sportsrec.com

3 Players and Teams Worldwide

195 Countries play basketball and 100 of them are in leagues and teams. Out of those 195 Countries is 'Los Angeles Lakers' the best, most popular team.

3.1 Top 10 Teams with the Championships 2020

Top	Teams	The Championships
1	La Lakers	17
2	The Boston Celtics	17
3	Chicago Bulls	6
4	The Golden State Warriors	6
5	Miami Heat	3
6	The Huston Rockets	2
7	The Cleveland Cavaliers	1
8	The Oklahoma City Thunder	1
9	The Los Angeles Clippers	0
10	The Toronto Raptors	0

3.2 TOP Players in the World and their knowledge

70.000 professional basketball players are in the world. There are a lot of popular, famous players, but the number one worldwide is Michael Jordan.

(*) Source: Basketball Leagues Around the World - Utah Jazz Team Store jazzteamstore.com

Top 10 professional players

Top	Name
1	Michael Jordan
2	Le Bron James
3	Kobe Bryant
4	Magic Johnson
5	Wilt Chamberlain
6	Bill Russell
7	Larry Bird
8	Shaquille O'Neal
9	Tim Tukan
10	Kareem Abdul-Jabbar



26th of January 2020 In memory of Kobe and Gianna Bryant. RIP.

3.2.1 Michael Jordan

Michael Jordan's real name is Michael Jeffery Jordan. Michael Jordan was born on February 17, 1963 and he is 57 years old now. He played in a lot of teams. Like the Chicago Bulls, he was in high school when he started in the NBA. He is 1.98 m tall. He has 5 children, Jasmine M. Jordan, Jeffery Michael Jordan, and Marcus. Jordan, Ysabel Jordan, Victoria Jordan. Now he is the owner of Charlotte Hornets.



(*) Source: Michael Jordan-Wikipedia

Michael Jordan is one of the top basketball players in the world. Followed by Kobe Bryant, LeBron James, Shaquille O`Neal etc...

Michael Jordan is the best player of all time, because of training and work and years of learning. Michael Jordan started playing professionally where he was in college, the University of North Carolina at Chapel Hill in 1981. In 1982, where he was a freshman in college, they won the national championship. In University of Nort Carolina at Chapel Hill he became best college player in his sophomore and Junior years. He became bigger and bigger every Year. 1984 he played for the Chicago Bulls.

(*) Source: Michael Jordan-Wikipedia



(*) Source: Chicago Cheerleader Kristin Missavage

3.2.2 Kobe Bryant



Another great player is Kobe Bryant. In his memory I wanted to talk about him too. He was an awesome basketball player. Kobe Bryant played in 'Los Angeles Lakers'.

When he was a young kid, he loved basketball. 'Los Angeles Lakers' was his favorite team. In 1996 where he was a Highschool student, he made it in the Lakers team, he made it in 18 All-Star teams. He helped the team to win the Five Championships. He trained hard to be in that spot, and I think he was also proud of himself. Sadly, he died on 26, January 2020. He won a lot of awards like the MVP awards, two scoring titles, and two gold Olympics medals. Kobe Bryant was fourth in the NBA's all-time scoring. Almost third place but LeBron James past him.

(*) Source Kobe Bryant-Wikipedia



3.3 Styles and Uniforms

Basketball uniforms are different now than in the past. The style is completely different too.

3.3.1 Then

Back then their uniforms and style were really different. The basketball players wore small shorts up to their thighs, and had tight Jerseys, it was pretty different. They also had completely different shoes; they wore all-stars for basketball. The all-stars were not good and didn't protect their feet, but there's been an upgrade. Apparently, basketball uniforms were the most changed uniforms in sports history.



(*) www.akkeboirtsweat.com, History of Basketball Uniforms Allen Sportswear

The women were dressed pretty. They had skirts on, and a v-cuted shirt. They had their hair done nicely; they were curled. On the basketball court they wore high heels to play. The same thing, their uniforms were the most changed in sports history.



3.3.2 Now

They look comfy and they are. The uniforms are much cozier than in the past, they were not as tight. They advanced with their shoes. In the 1980s they still wore All-Stars, but they were better. Michael Jordan collabed with the brand All-Stars and created his own shoes. As the years passed, other basketball players collabed with other shoe brands. The shoes are more protective, meaning that the ankles are protected, the shoes are comfortable.



Womens uniforms are a lot like the men uniforms. Women do not wear high heels to play basketball anymore, they wear the same shoes as the men and there uniforms are different as you can see. There is a substantial difference between now and then.



3.3.3 Why are the uniforms like they are?

A lot of reason like, they wear brighter and darker colors every other match to represent their team. When they play at home, they wear a lighter colored jersey. When they play at other club, they wear darker jerseys. Example golden state warriors wear yellow jerseys at their hometown and navy-blue jerseys in other arenas.

(*) Basketball uniform-Wikipedia

4 Worldwide Basketball Coaches

4.1 Zeljko Obradovic

He is the best basketball coach in Europe. He trained in basketball for 28 years and won over 40 trophies.

4.2 Jerry Sloan

Jerry Sloan was one of the best basketball coaches in America. Before he started coaching, he was one of the best basketball players too. He was born on the 28th of March 1942, and sadly died from Parkinson's disease and Lewy body dementia, which he got diagnosed in 2016. He died at the age of 78. Date of death: 22 May 2020. He was a basketball player in the team Chicago Bulls for 11 years and later had a journey of 30 years of head coach in Utah Jazz.

(*) Source: Jerry Sloan Wikipedia

4.3 Top Coach

Phil Jackson was one of the top coaches in the whole world.

Phil Douglas Jackson was a coach of the Chicago Bulls. He was also a professional basketball player. After a lot of years of coaching he retired in 2011 and in 2014 went to help the New York Knicks. He is 75 years old. And is still known as the best basketball coach.

(*) Source Phil Jackson Wikipedia

5 Basketball in Luxembourg

Basketball in Luxembourg is governed by an organization called the FLBB, which stands for Fédération Luxembourgeoise de Basketball.

The FLBB is one of 213 organizations worldwide which are members of FIBA, the governing body of basketball in the world. Europe has 50 associations which are members. FIBA (Fédération Internationale de basketball) clarifies the rules of Basketball in the world and organizes competitions.

(*) Source: FIBA – Wikipedia

5.1 Basketball played in Luxembourg

5.1.1 When and Where?

Basketball was played first on the south side of Luxembourg, in the city. Hollerich and Pfaffenthal were the first to play between the 1930s and the 1950s. But Racing is the only basketball team from a various amount of other basketball clubs who still exist now.

(*) Source History US Basket Racing Luxembourg, racing.lu (History)

5.2 Different Basketball Clubs in Luxembourg

1. AB Contern;
2. Amicale Steesel;
3. Racing Luxembourg;
4. Basket Esch;
5. Etzella Ettelbruck;
6. BBC Arantia Larochette;
7. BBC Sparta Bertange;
8. BC Musel Pikes;
9. BBC Hieffnech;
10. Residence Walferdange;
11. T71 Dudelange;
12. Telstar Hesperange;
13. AS Soleuvre Beveaux;
14. Avanti Mondorf;
15. BBC Bascharage Hedghogs;
16. BBC Mambra Mamer;
17. BBC Mess; 18. Black Star Mersch;
18. Grengenwald Hostert;
19. Kordall Steelers Rodange;
20. BBC Kaydall;
21. BBC Les Sangliers Wiltz;
22. BBC Nitia Betembourg;
23. BBC Preizerdall 93;
24. BBC Shieren Black frogs;
25. East side Pirates BW Beruberg.

(*) Source: <https://www.eurobasket.com/luxembourg/basketball-teams.aspx>

6 FLBB Federation Luxembourg Basketball

6.1 History of the FLBB

The FLBB started and was created on the 10 of December 1933, by Aloyse Hengten.

After, the FLBB grew, and it's a fun activity. The goal of the FFLB is to develop, continue growing, and promote basketball in Luxembourg.

The FLBB try and want to bring the people together from the basketball community and unify those who appreciate and care for the wonderful sport, BASKETBALL.

The FLBB supports and attaches an amount of importance to youth training. It has a national CEO in all age categories who are coached by national coaches.

(*) Source:FLBB - Fédération Luxembourgeoise de Basket Ball FLBB www.luxembourg.basketball

6.1.1 Aloyse Hentgen



(Aloyse Hentgen Wikipedia)

Aloyse Hengten was born in Luxembourg Roedgen, 16 July 1894 & died on the first of December 1953.

He was a Luxembourgish Politician and as you know he was the founder of the FLBB. Aloyse liked the idea of politicians and law so he went to Paris for 3 years to study law.

He came back and later became a member of the Luxembourgish bar. He did great and big things in Luxembourg such as, he was the first Co-Founder in the insurance company of Luxembourg.

He became president of its supervisory board and after 10 years he was the president of his committee and Co-Founder of Federation Luxembourgeoise.

6.2 FLBB Roles and Responsibilities

The role of the FLBB is to organize basketball competitions in Luxembourg or internationally for every age group, men, women and youth. Each club in Luxembourg is a member of the federation, basketball players and coaches have a license to participate.

The main responsibilities who the FLBB must follow are:

1. They must follow the rules of F.I.B.A
2. They must organize the schedules of all the games at every level.
3. They should work with the head of the referee's association to decide which referees should work at each game or the game can't be played.
4. They should invite a technical director who oversees all matters. The FLBB must make sure that those people will do their job.

A technical director is a person who organizes and oversees the whole process of everything that has to do with basketball. They don't have to come to the matches, but they are pretty close with everyone who is included.

(*) Source: Luxembourg Basketball Federation Wikipedia

6.3 Luxembourgish Basketball Division

There are 3 divisions. The first division are the highest and the best basketball teams in Luxembourg. The second division are teams who are alright. The third division are the teams who are the weakest. When the basketball teams play matches, they usually go against the same division as the other team.

6.4 Championship and Cups

In the coup it's different, the coup is a competition with all the teams in Luxembourg. Every division goes against each other to see "who's the best", by winning the cup you can move up a division. So, when you're in division 2 you could move up to division 1. And by winning you could win championships, get trophies and be on top.

7 My Basketball Club

7.1 BBC Wiltz Sangliers



My basketball club is Woltz Sangliers stands for wild pigs and Wiltz is the village. It's a team in the north of Luxembourg. There is a Poussin team, a mini team, a woman's team, a men's team, like usual. We are in division 3, it's not the best.

It's really cool how the whole village supports the team like a whole family. And we are looking forward to growing. Some left, some came. Like the new coach Paul Missavage. Paul Missavage is an American coach in Luxembourg. He won a lot of Championships with a lot of teams and helped everyone grow as a better player.

7.2 The History of my Basketball Club

In 1933 basketball was played in Wiltz, and they had a completely different name for the club (JAC, Jeunesse Ardennaise Catholique).

But it quickly stopped because of the war and that was for every club. After the war, 1962 the FLBB organized a meet up at the Weltzer primary school to play basketball and they could play more basketball and get better.

In that year, the 23 of November the Wiltz sangliers came to a start that had members who wanted to play, and they had a president for the club, Jhempí Meyers. Jhempí Meyers was the first president of the club, everyone was thankful for him. But sadly, they didn't have the best of luck, they had some difficulties. But later, in the 70s, they made progress and they were in division 2, not bad at all.

In 1966 women's basketball started and they were unbelievable good. As a club they've accomplished a lot, such as the women team was in the highest division for a long time. The women team moved up to the National division. And all that repeated itself more times. But the biggest accomplishment was, in the Cup match du Luxembourg the eliminated the strongest team, Walferdange. Their history was just accomplishment and growth.

(*) Source: The Club-Wiltz sangliers

7.3 The Committee and its Members

Pit Hetting, he is the one who keeps the team going, is the President of the club and buys all the equipment.

Marianne Hetting is the secretary.

Jim Shinn, the Treasurer.

Paul Missavage, he is the coach of the team but also helps with paying for the equipment.

Those are the main people who do support the club. There are also different members, some of them are parents who cheer and support the kids and different people from the committee.

7.4 Players and Foreign Players

There are about 110 players with memberships from baby basketball to men and women teams, and they are all coached by Paul Missavage and supported by the committee.

As for the foreign players, they are not allowed to come at the moment because of covid. Usually there are foreign players who come and support the team and win more matches, but you don't need foreign players. In the past we didn't have a lot of foreign players.

7.5 Win's

They won one championship in the past few years, but there is so much more of winning, winning means growing, getting better, and accomplishing things.

Some people don't count that or see that as winning but are club is different. So, we will keep on fighting.

7.6 Coache

7.6.1 Coach Paul Missavage

The new coach, Paul Missavage, all his dreams were to be a basketball coach and to educate and motivate young people in academics, sports, health and fitness.

To lead young student-athletes toward success in sports and in life as their coach, it came true. That's pretty much the goal of every coach. He was born on October 16, 1958 in Monmouth, Illinois.

He grew up on a farm with 10 siblings. His father was a good athlete and inspired Paul. At the age of five he started playing, his father was almost his role model, you could say. As he got older, he played more and more, he was playing at the YMCA. Eventually he started to grow more, and sometimes failed but failing is the way of succeeding. He came here and succeeded even more and now he is here, trying to do that for others.

The last coach who was coaching here wasn't like the other. She wasn't that motivating and wasn't as interested as the other coaches.

8 Conclusion

I hope my work inspired you.

My main message is, keep fighting for what you want and have hope like all the players and people I was writing about, because it brings you far.

Thank you for taking the time and effort to read this :)



Loscht op Basketball?
Envie de jouer au basketball?

BBC LES SANGLIERS WOOLTZ

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